

CALENDAR COLOR CODE
Meditations and Yoga Classes
Healing Workshop
Certified Training Programs
Free Awareness Seminars
External Events



RAJESH SINGH
Spiritual Psychologist, Past life Regression & Energy Medicine Alchemist!




MARC MALLAT
Transpersonal Coach, Shamanic & Energy Healer



INGRID SPRAKE
Yoga & Meditation Teacher, Reiki Master & Holistic Therapist



DR. DORIS GREENWOOD
Internationally Renowned NLP Master Trainer



PREM AMIT
Sound Healer



MARIA LEONARD
Spiritual Coach, Intuitive Speaker & Founder of Life Scripting



SHAZIA KHAN
Reiki Master and Holistic Healer


MARCH 2021

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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409, Fortune Executive Towers, Cluster T, Plot T1, Jumeirah Lake Towers, Outside DAMAC Properties

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ALSO OFFER OUR SPACE TO HEALERS & TRAINERS WHO REQUIRE VENUE FOR THEIR THERAPIES & GROUP EVENTS!

GET 50%* OFF ON OUR SPACE RENTAL IN THIS TIME OF COVID!

		<p>1</p> <p>Online Training! Happiness Coaching Module 1 with Rajesh Singh March 1st-4th 6:30-10pm AED 2555/-</p> <p>Onsite/Online Meditation! Chakra Balancing Meditation for Overall Health & Wellbeing with Ingrid Sprake 7:30-8:30pm AED 80/- (limited to 8 clients)</p> <p>Free Webinar! Introduction to Ascension & How the Angelic Kingdom of Light is here to Help with Leckraanee Burtho-Barah 8pm-9pm</p>	<p>2</p> <p>Free Webinar! Become a Successful NLP Coach with Dr. Doris Greenwood 6:30pm-7:30pm GST</p> <p>Free Webinar! Hypnotherapy FAQs – Demystifying Myths and Understanding the Science of the Mind with Arpita Mitra Gupta 8pm-9pm</p>	<p>3</p> <p>Onsite Meditation! Mend A Broken Heart and Gonging Meditation with Zarine 7:30pm-8:30pm AED 150/- (limited to 8 clients)</p> <p>Free Webinar! The Magical Power of Crystal with Ingrid Sprake 8pm-9pm</p>	<p>4</p> <p>Online/Onsite Meditation! Third Eye Meditation with Maria Leonard 7:30pm-8:30pm AED 80/- (limited to 8 clients)</p>	<p>5</p> <p>Online Training – Continuation! UK-Accredited Diploma in CBT including the Psychology of Depression, Grieving & Loss for Caring & Health Professionals, Hypnotherapists & Coaches with Dr. Leila Edwards March 5th-6th 11am-7pm GST</p>
<p>6</p> <p>Onsite Training! Reiki Teacher's Training Course with Bianca Devananda March 6th, April 3rd, May 1st 10am-6pm AED 3750/- (limited to 6 clients)</p> <p>Onsite Training! Chakra Diagnosis and Attunement Practitioner Course with Sarmistha Mitra (limited to 8 clients) March 6th / 2pm-6pm March 7th / 6pm-10pm AED 1498/-</p> <p>Free Webinar! Spiritual Saturdays with Rajesh Singh – Insecurities & Inner Child 6:30pm-7:30pm</p> <p>Onsite Meditation! Sound Healing Meditation with Prem Amit 7:30pm-8:30pm AED 120/- (limited to 6 clients)</p>	<p>7</p> <p>Onsite Meditation! Screaming Meditation (OSHO Dynamic Meditation) with Bianca Devananda 7:30pm-8:30pm AED 100/- (limited to 8 clients)</p> <p>Free Webinar! Your Inner World Creates Your Outer World! Introducing You to the Power of the Subconscious with Marc Mallat 8pm-9pm</p>	<p>8</p> <p>Online Training! Continuation Happiness Coaching Module 1 with Rajesh Singh March 8th-11th 6:30pm-10pm</p> <p>Free Webinar! International Women's Day – Awaken Your Inner Goddess with Ingrid Sprake 8pm-9pm</p>	<p>9</p> <p>Online Support Group with Irina Khanna (exclusive for Hypnotherapy students) 7pm-8pm</p> <p>Onsite Meditation! Dimensional Breathwork Meditation for Healing the Inner Child with Marc Mallat 7:30pm-9pm AED 150/- (limited to 8 clients)</p>	<p>10</p> <p>Onsite Meditation! Forgiveness and Gratitude with Gonging Meditation with Zarine 7:30pm-8:30pm AED 150/- (limited to 8 clients)</p>	<p>11</p> <p>Free Webinar! Experience the Akashic Records for Clarity, Life Purpose and Healing with Maria Leonard 8pm-9pm</p>	<p>12</p> <p>Online/Onsite Training! Access Bars Training with Shazia Khan March 5th 10am-7pm AED 1200/- (limited to 8 clients)</p> <p>Onsite Training! Hypnotherapy Level 2 with Arpita Mitra Gupta March 12th-14th / 19th-20th 10am-6pm AED 3300/-</p> <p>Onsite Training! ThetaHealing Manifesting & Abundance with Handan March 12th-13th 10am-6pm AED 2100/-</p> <p>Onsite Training! USUI Reiki Level 2 with Bianca Devananda March 12th-13th 10am-6pm AED 1350/-</p>
<p>13</p> <p>Online Training! Mediumship Teacher's Training with Sandi & Mayes March 13th-April 17th (every Saturdays) 5pm-6:30 GST AED 2200/-</p> <p>Free Webinar! Spiritual Saturdays with Rajesh Singh – Dealing with Rejection & Loneliness 6:30pm-7:30pm</p> <p>Onsite Meditation! New Moon Sound Healing Meditation with Prem Amit 7:30pm-8:30pm AED 150/- (limited to 6 clients)</p>	<p>14</p> <p>Free Webinar! Introduction to Shamanism: Journey, Discover, Heal & Transform with Marc Mallat 8pm-9pm</p>	<p>15</p> <p>Online Training! Continuation Happiness Coaching Module 1 with Rajesh Singh March 15th-18th 6:30pm-10pm March 19th 10am-2pm/3pm-7pm</p> <p>Onsite/Online Meditation! Mindfulness Meditation for Anxiety & Stress Relief with Ingrid Sprake 7:30pm-8:30pm AED 80/- (limited to 8 clients)</p>	<p>16</p> <p>Onsite Meditation! Shamanic Journey: Meditation for Spiritual Guidance with Marc Mallat 7:30pm-8:30pm AED 100/- (limited to 8 clients)</p> <p>Free Webinar! Family Constellations – An Unconventional Tool for Healing with Arpita Mitra Gupta 8pm-9pm</p>	<p>17</p> <p>Onsite Meditation! Healing A Relationship and Gonging Meditation with Zarine 7:30pm-8:30pm AED 150/- (limited to 8 clients)</p>	<p>18</p> <p>Online/Onsite Meditation! Past Life Healing Meditation with Maria Leonard 7:30pm-8:30pm AED 80/- (limited to 8 clients)</p>	<p>19</p> <p>Online Training! NLP Level 1 Foundation & Coaching Part 1 with Dr. Doris Greenwood March 19th-20th 9:30am-5:30pm GST AED 1600/-</p> <p>Onsite Workshop! Awaken Your Feminine Power and Transform your Relationships with Toni-Marie & Ingrid Sprake March 19th-20th 10am-6pm AED 1400/-</p> <p>Onsite Training! ThetaHealing You & The Creator with Handan March 19th-20th 10am-6pm AED 2100/-</p> <p>Onsite Training! USUI Reiki Level 3 with Shazia Khan March 19th-20th 10am-6pm AED 1599/-</p> <p>Online Training! UK-Accredited Diploma in Eating Disorders and OCD with CBT and Integrative Modalities for Caring & Health Professionals, Hypnotherapists & Coaches with Dr. Leila Edwards March 19th-20th 11am-7pm GST AED 1950/- (including exam & certification fee)</p>
<p>20</p> <p>International Day of Happiness - Role of Self Esteem in Experiencing Happiness with Rajesh Singh 6:30pm-7:30pm</p> <p>Onsite Meditation! Sound Healing Meditation with Prem Amit 7:30pm-8:30pm AED 120/- (limited to 6 clients)</p>	<p>21</p>	<p>22</p> <p>Online Training! Continuation Happiness Coaching Module 1 with Rajesh Singh March 22nd-25th 6:30pm-10pm March 26th 10am-2pm/3pm-7pm</p> <p>Onsite Meditation! Unleash your Creativity - Sacral Chakra Guided Meditation with Shazia Khan 7:30pm-8:30pm AED 80/- (limited to 6 clients)</p>	<p>23</p> <p>Online Training! NLP Level 1 Foundation & Coaching Part 2 with Dr. Doris Greenwood March 23rd-24th 5:30pm-9:30pm GST March 26th-27th 9:30am-5:30pm GST AED 2400/-</p> <p>Onsite Meditation! Dimensional Breathwork Meditation with Focused Bodywork for Emotional Release & Healing with Marc Mallat 7:30pm-9:30pm AED 200/- (limited to 8 clients)</p>	<p>24</p> <p>Onsite Meditation! I am Worthy and Gonging Meditation with Zarine 7:30pm-8:30pm AED 150/- (limited to 8 clients)</p> <p>Free Webinar! Using Chakras to Heal your Life with Ingrid Sprake 8pm-9pm</p>	<p>25</p> <p>Online/Onsite Workshop! Manifest with the Art of Feng Shui with Maria Leonard 7pm-9pm AED 200/- (limited to 8 clients)</p>	<p>26</p> <p>Onsite Training! USUI Reiki Level 1 with Shazia Khan March 26th 10am-6pm AED 999/-</p> <p>Onsite Training! USUI Reiki Level 2 with Ingrid Sprake March 26th-27th 10am-6pm AED 1199/-</p> <p>Onsite Training! Clairvoyant Training Level 2 with Bianca Devananda March 26th-27th 10am-6pm AED 1900/- (limited to 8 clients)</p> <p>Onsite Training! Shamanism & Shamanic Healing Level 1 with Marc Mallat March 26th-27th 10am-6pm AED 1650/-</p>
<p>27</p> <p>Onsite Workshop! Family Constellations Workshop with Arpita Mitra Gupta March 27th 9am-6pm AED 599/- (limited to 8 clients)</p> <p>Free Webinar! Spiritual Saturdays with Rajesh Singh – Anger and Helplessness – A Biggest Hurdle to the Path of Peace 6:30pm-7:30pm</p> <p>Onsite Meditation! Sound Healing Meditation with Prem Amit 7:30pm-8:30pm AED 120/- (limited to 6 clients)</p>	<p>28</p> <p>Onsite Meditation! Full Moon Meditation: Illumination & Transformation with Bianca Devananda 7:30pm-8:30pm AED 150/- (limited to 8 clients)</p>	<p>29</p> <p>Online Training! Continuation Happiness Coaching Module 1 with Rajesh Singh March 29th-April 1st 6:30pm-10pm April 2nd 10am-2pm/3pm-7pm</p> <p>Onsite/Online Meditation! Visualization Meditation for Self-Love with Ingrid Sprake (limited to 8 clients) 7:30pm-8:30pm AED 80/-</p>	<p>30</p>	<p>31</p> <p>Onsite Meditation! Manifestation with Quantum Jumping and Gonging Meditation with Zarine 7:30pm-8:30pm AED 150/- (limited to 8 clients)</p>	<p>WE TRUST YOU ARE STAYING SAFE & TAKING ALL PRECAUTIONARY MEASURES DURING THESE CHALLENGING TIMES.</p> <p>In our efforts to support the community we are keeping many meditations & Seminars FREE!! Online workshops Will be available through our online platforms for *30% OFF based on the regular rate. *Online Payment is available through our Website or Pay Tabs link. *For Paid events, Online Link will be sent via email or WhatsApp 15 minutes before class. (*T & C Apply)</p> <p>We would request your support on this. #staysafe</p>	