

CALENDAR COLOR CODE
Meditations and Yoga Classes
Healing Workshop
Certified Training Programs
Free Awareness Seminars
External Events

IRINE LEKISHVILI
Spiritual Psychologist & Life Coach



MARC MALLAT
Transpersonal Coach, Shamanic & Energy Healer



GIAN CARLO ZAZZERI
Renowned Quantum & Shamanic Healer



DR. DORIS GREENWOOD
Internationally Renowned NLP Master Trainer



PREM AMIT
Sound Healer



MARIA LEONARD
Spiritual Coach, Intuitive Speaker & Founder of Life Scripting



SHAZIA KHAN
Reiki Master and Holistic Healer



FEBRUARY 2021

SATURDAY SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

illuminations
well being center



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Towers, Outside DAMAC Properties

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ALSO OFFER OUR SPACE TO HEALERS & TRAINERS WHO REQUIRE VENUE FOR THEIR THERAPIES & GROUP EVENTS! GET 50%* OFF ON OUR SPACE RENTAL IN THIS TIME OF COVID!

		<p>1 Onsite Workshop! Family Constellations Workshop with Irina Khanna 10am-6pm AED 699/- (limited to 8 clients)</p> <p>Free Webinar! Understanding the Power of the Subconscious Mind & Overcoming Negative Self Talk with Arpita Mitra Gupta 8pm-9pm</p>	<p>2 Free Webinar! Introduction to Cognitive Behavioural Therapy Practices for Caring & Health Professionals, Hypnotherapists & Coaches with Dr. Leila Edwards 6pm-7:30pm GST</p> <p>Onsite Meditation! Shamanic Ancestral Healing Journey with Sound Healing Meditation with Gian Carlo Zazzeri (limited to 6 clients) 7:30pm-8:30pm AED 100/-</p>	<p>3 Onsite Meditation! Chakra Healing and Gonging Meditation with Zarine 7:30pm-8:30pm AED 150/- (limited to 8 clients)</p>	<p>4 Onsite Training! Level 1 & 2 Sound Healing Training in Vibrational Sound Therapy with Prem Amit February 4th / 5th-6th 6pm-9pm / 10am-6pm AED 2750/- (limited to 8 clients)</p> <p>Online/Onsite Meditation! Unstuck Yourself – Guided Meditation with Maria Leonard (limited to 8 clients) 7:30pm-8:30pm AED 80/-</p> <p>Free Webinar! Mastering Mediumship & Telepathy with Sandi Mayes 8pm-9pm GST</p>	<p>5 Onsite Training! Transcendental Quantum Reiki Level 1 with Gian Carlo Zazzeri (limited to 8 clients) February 5th-6th 10am-6pm AED 1250/-</p> <p>Online Training! Assertive Communication & Confidence Boosting Training with Dr. Leila Edwards February 5th-6th 11am-7pm GST AED 1950/-</p> <p>Onsite Training! Advanced Crystal Healing Training with Nazish Khan February 5th-6th 11am-5pm AED 1199/- (limited to 8 clients)</p>	
<p>6 Online Seminar! Spiritual Saturdays: The role of Forgiveness and Moving on with Rajesh Singh 6pm-7pm</p> <p>Online Support Group with Irina Khanna (Exclusive for Hypnotherapy students) 7pm-8pm GST</p> <p>Onsite Meditation! Sacred Earth Sound Healing Meditation with Prem Amit 7:30pm-8:30pm AED 120/- (limited to 6 clients)</p>	<p>7 Onsite Support Group with Gian Carlo Zazzeri (Exclusive for TQR students) 7pm-9pm</p> <p>Free Webinar! Become Your Own Guide: Developing your Intuitive Psychic Abilities & Transform Your Life with Bianca Devananda 8pm-9pm</p>	<p>8 Free Online Meditation! Breathing Meditation for Deep Karmic Cleansing of the Soul with Gian Carlo Zazzeri 7pm-8pm</p> <p>Free Webinar! Raise the Bar in your Relationships through Access Bars with Shazia Khan 8pm-9pm</p>	<p>9 Onsite/Online Meditation! Heart Chakra Healing with the Angels with Leckranee Burthoo-Barah 7:30pm-8:30pm AED80/-</p> <p>Free Webinar! Family Constellation for Professional Success (for coaches, therapists, healthcare providers, teachers, counselors) with Irina Khanna 8pm-9pm GST</p>	<p>10 Free Webinar! Overcome Anger & Fear, Increase Happiness & Success through NLP with Dr. Doris Greenwood 6:30pm-7:30pm GST</p> <p>Online/Onsite Workshop! 3-day Breathwork Challenge: Self-Love with Maria Leonard 7pm-8pm AED 150/-</p> <p>Onsite Meditation! Balancing Yin & Yang with Gonging Meditation with Zarine 7:30pm-8:30pm AED 150/- (limited to 8 clients)</p>	<p>11 Online/Onsite Workshop! 3-day Breathwork Challenge: Romantic Love with Maria Leonard 7pm-8pm AED 150/-</p> <p>Onsite Meditation! New Moon Sound Healing Meditation for Manifestation and Grounding with Nazish Khan 7:30pm-8:30pm AED 150/- (limited to 6 clients)</p>	<p>12 Online/Onsite Training! Access Bars Training with Shazia Khan February 12th 10am-7pm AED 1200/- (limited to 8 clients)</p> <p>Onsite Training! USUI Reiki Level 3 with Nazish Khan February 12th-13th 10am-6pm AED 1599/- (limited to 8 clients)</p> <p>Onsite Training! Hypnotherapy Level 1 with Arpita Mitra Gupta February 12th-13th 10am-6pm AED 1400/-</p> <p>Onsite Training! Transcendental Quantum Reiki Level 2 with Gian Carlo Zazzeri February 12th-13th 10am-6pm AED 1450/- (limited to 8 clients)</p> <p>Onsite Training! ThetaHealing Dig Deeper with Handan February 12th-13th 10am-6pm AED 2100/-</p> <p>Online/Onsite Workshop! 3-day Breathwork Challenge: Universal Love with Maria Leonard 7pm-8pm AED 150/-</p>	
<p>13 Online Seminar! Spiritual Saturdays: Role of Love and Security in Family Dynamics with Rajesh Singh 6pm-7pm</p> <p>Onsite Meditation! Vibrations of Heart Sound Healing Meditation with Prem Amit 7:30pm-8:30pm AED 120/- (limited to 6 clients)</p>	<p>14 Free Webinar! Introduction to Shamanic Healing: A Journey of the Heart with Marc Mallat 8pm-9pm GST</p>	<p>15 Onsite Support Group with Shazia Khan (Exclusive for Reiki & Access Bars students) 6pm-8pm</p> <p>Free Webinar! Let Go of Transgenerational Trauma & Entanglements through Systemic Constellations with Arpita Mitra Gupta 8pm-9pm</p>	<p>16 Onsite Meditation! Chakra and Aura Cleansing Meditation with the Angels & Archangels with Gian Carlo Zazzeri 7:30pm-8:30pm AED 100/- (limited to 6 clients)</p> <p>Free Onsite/Online Meditation! Introduction to Angelic Reiki with Experimental Meditation with Leckranee Burthoo-Barah 8pm-9pm FREE</p>	<p>17 Onsite Meditation! Manifestation with Quantum Jumping and Gonging Meditation with Zarine 7:30pm-8:30pm AED 150/- (limited to 8 clients)</p>		<p>19 Onsite Training! USUI Reiki Level 2 with Shazia Khan February 19th-20th 10am-6pm AED 1199/- (limited to 8 clients)</p> <p>Onsite Training! Transcendental Quantum Reiki Level 3 with Gian Carlo Zazzeri February 19th-20th 10am-6pm AED 1800/- (limited to 8 clients)</p> <p>Onsite Training! Hypnotherapy Level 4 with Irina Khanna February 19th-21st / 26th-28th 10am-6pm AED 4000/- (limited to 10 clients)</p> <p>Onsite Training! Clairvoyant Training Level 1 Part 1 with Bianca Devananda February 19th-20th 10am-6pm AED 1800/- (limited to 8 clients)</p>	
<p>20 Online Seminar! Spiritual Saturdays: Role Kindness and Compassion in cutting down Karma Imbalances with Rajesh Singh 6pm-7pm</p> <p>Onsite Meditation! Chakra Sound Healing Meditation with Prem Amit 7:30pm-8:30pm AED 120/- (limited to 6 clients)</p>	<p>21 Free Webinar! Difference between Clairvoyance and Mediumship 8pm-9pm GST</p>	<p>22 Free Webinar! Mind over Meds (Co-Heal Yourself Mentally, Physically, Emotionally & Spiritually with Marc Mallat 8pm-9pm GST</p>	<p>23 Onsite Seminar! Freedom from Suffering in your Relationships through Family Constellations with Irina Khanna 8pm-9pm GST</p>	<p>24 Free Webinar! Empower Yourself through NLP with Dr. Doris Greenwood 6:30pm-7:30pm GST</p> <p>Onsite Meditation! Inner Child Healing and Gonging Meditation with Zarine 7:30pm-8:30pm AED 150/- (limited to 8 clients)</p>	<p>25 Online/Onsite Meditation! Loving Relationships Meditation with Maria Leonard 7:30pm-8:30pm AED 80/- (limited to 8 clients)</p> <p>Free Webinar! Understanding how being a people pleaser blocks you from living the life you desire & clearing of limited beliefs through ThetaHealing with Leckranee Burthoo-Barah 8pm-9pm</p>	<p>Online Training! UK-Accredited Diploma in CBT including the Psychology of Depression, Grieving & Loss for Caring & Health Professionals, Hypnotherapists & Coaches with Dr. Leila Edwards February 19th-20th / March 5th-6th 11am-7pm GST AED 3900/- (Including exam & certification fee)</p>	
<p>27 Onsite Workshop! Family Constellations Workshop with Arpita Mitra Gupta February 27th 10am-6pm AED 599/- (limited to 8 clients)</p> <p>Online Seminar! Spiritual Saturdays: Fear of Failure v/s Fear of Success with Rajesh Singh 6pm-7pm</p> <p>Onsite Meditation! Tibetan Full Moon Sound Healing Meditation with Prem Amit (limited to 6 clients) 7:30pm-8:30pm AED 150/-</p>	<p>28 Onsite Meditation! Psychic Healing Meditation & Message Circle with Bianca Devananda 7:30pm-8:30pm AED 100/- (limited to 8 clients)</p>	<p>WE TRUST YOU ARE STAYING SAFE & TAKING ALL PRECAUTIONARY MEASURES DURING THESE CHALLENGING TIMES.</p> <p>In our efforts to support the community we are keeping many meditations & Seminars FREE!! Online workshops Will be available through our online platforms for *30% OFF based on the regular rate. *Online Payment is available through our Website or Pay Tabs link. *For Paid events, Online Link will be sent via email or WhatsApp 15 minutes before class. (*T & C Apply)</p> <p>We would request your support on this. #staysafe</p>					<p>26 Onsite Training! Clairvoyant Training Level 1 Part 2 with Bianca Devananda February 26th-27th 10am-6pm AED 1400/- (limited to 8 clients)</p> <p>Onsite Training! USUI Reiki Level 1 with Shazia Khan February 26th 10am-6pm AED 999/- (limited to 8 clients)</p> <p>Online Training! Mediumship Foundation Course with Sandi & Mike Mayes 6 Fridays February 26th – April 2nd 5pm-6:30pm GST AED 1400/-</p>