



INGRID SRAKE
Yoga & Meditation
Teacher, Reiki Master
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HANDAN
ThetaHealing Master



TONI MARIE
Holistic Relationship Coach
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MARIA LEONARD
Spiritual Coach, Intuitive Speaker
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IRINA KHANNA
Holistic Psychotherapist &
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CAYTE MOCADAM
Personal & Corporate
Leadership Development
Consultant



ARPITA MITRA GUPTA
Holistic Therapist &
Corporate Wellness Facilitator

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>FREE WEBINAR 1 AUG</p> <p>What is Hypnotherapy & What Can It Treat - Facts vs. Myths with Arpita Mitra Gupta 7pm-8pm FREE</p>	<p>ONLINE/ONSITE MEDITATION 2 AUG</p> <p>Loving Divine Partner Meditation with Maria Leonard 7:30pm-8:30pm AED 80/-</p>	<p>ONLINE/ONSITE MEDITATION 3 AUG</p> <p>Cosmic Diamond Violet Flame of Transmutation Meditation with the Angels with Leckranee Burtho-Barrah 7:30pm-8:30pm AED 50/-</p> <p>FREE WEBINAR 3 AUG</p> <p>Crystals for your Horoscope Sign with Ingrid Sprake 8pm-9pm FREE</p>	<p>ONSITE MEDITATION 4 AUG</p> <p>Manifestation with Quantum Jumping and Gonging Meditation with Zarine 7:30pm-8:30pm AED 150/-</p> <p>FREE WEBINAR 4 AUG</p> <p>Free yourself from Anxiety & Depression through EFT with Cayte Mocadam 8pm-9pm FREE</p>	<p>FREE ONLINE MEDITATION 5 AUG</p> <p>Cutting Cords with Archangel Michael with Zakia Kazi 7pm-8pm FREE</p>	<p>ONSITE TRAINING 6 AUG</p> <p>Hypnotherapy Level 1 with Arpita Mitra Gupta August 6th-7th 9am-6pm AED 1530/-</p> <p>ONSITE TRAINING 6 AUG</p> <p>USUI Reiki Level 3 with Ingrid Sprake August 6th-7th 10am-6pm AED 1599/-</p>
<p>ONSITE MEDITATION 7 AUG</p> <p>Crown Chakra Sound Bath Meditation with Prem Amit 7:30pm-8:30pm AED 120/-</p>	<p>ONSITE MEDITATION 8 AUG</p> <p>Lions Gate New Moon Sound and Gonging Meditation with Zarine 7:30pm-8:30pm AED 150/-</p>	<p>9 AUG</p>	<p>FREE WEBINAR 10 AUG</p> <p>Empower Yourself with NLP with Dr. Doris Greenwood 6:30pm-7:30pm FREE</p> <p>ONSITE MEDITATION 10 AUG</p> <p>Be Happy Meditation with Ingrid Sprake 7:30pm-8:30pm AED 80/-</p>	<p>ONSITE MEDITATION 11 AUG</p> <p>Balancing the Yin and Yang with Gonging Meditation with Zarine 7:30pm-8:30pm AED 150/-</p> <p>FREE WEBINAR 11 AUG</p> <p>Introduction to Angelic Realms and how it can help with Ascension and Meditation with higher light beings with Leckranee Burtho-Barrah 8pm-9pm FREE</p>	<p>ONSITE WORKSHOP 12 AUG</p> <p>Shadow Breathwork with Toni Marie 7pm-8pm AED 150/- (Limited to 10 - RSVP)</p> <p>FREE WEBINAR 12 AUG</p> <p>Improve your Relationships through a Holistic Approach with Irina Khanna 8pm-9pm FREE</p>	<p>ONLINE TRAINING 13 AUG</p> <p>ThetaHealing Advanced DNA with Handan August 13th-15th 10am-6pm GST AED 2200/-</p> <p>ONSITE TRAINING 13 AUG</p> <p>Hypnotherapy Level 3 with Irina Khanna August 13th-15th / 20th-21st 10am-6pm AED 3630/-</p> <p>ONLINE/ONSITE TRAINING 13 AUG</p> <p>Crystal Healing & Chakra Balancing Training – Level 1 with Ingrid Sprake August 13th 10am-6pm AED 999/-</p> <p>ONLINE/ONSITE TRAINING 13 AUG</p> <p>EFT Basic Training with Cayte Mocadam August 13th-14th 11am-4:30pm AED 2750/-</p>
<p>ONSITE TRAINING 14 AUG</p> <p>Angels Basic Training with Zakia Kazi, certified teacher of Diana Cooper School of Light 10am-6pm AED 999/-</p> <p>ONSITE MEDITATION 14 AUG</p> <p>Third Eye Chakra Sound Bath Meditation with Prem Amit 7:30pm-8:30pm AED 120/-</p>	<p>FREE WEBINAR 15 AUG</p> <p>Why CBT is the 'go-to' Therapy for fast and lasting results with Dr. Leila Edwards 6:30pm-8pm FREE</p>	<p>FREE ONLINE MEDITATION 16 AUG</p> <p>Guided Meditation to Cleanse your Aura with Maria Leonard 6pm-7pm FREE</p>	<p>ONLINE/ONSITE MEDITATION 17 AUG</p> <p>Unified Chakras Meditation with the Angels with Leckranee Burtho-Barrah 7:30pm-8:30pm AED 50/-</p> <p>FREE WEBINAR 17 AUG</p> <p>What is Mindful Based Stress Relief? with Ingrid Sprake 8pm-9pm FREE</p>	<p>ONSITE MEDITATION 18 AUG</p> <p>Healing the Heart Chakra with Gonging Meditation with Zarine 7:30pm-8:30pm AED 150/-</p>	<p>FREE WEBINAR 19 AUG</p> <p>Introduction to Shamanism: Journey, Discover, Heal & Transform with Marc Mallat 8pm-9pm FREE</p>	<p>ONSITE TRAINING 20 AUG</p> <p>USUI Reiki Level 2 with Ingrid Sprake August 20th-21st 10am-6pm AED 1199/-</p>

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>ONSITE MEDITATION 21 AUG</p> <p>Throat Chakra Sound Bath Meditation with Prem Amit 7:30pm-8:30pm AED 120/-</p>	<p>ONSITE MEDITATION 22 AUG</p> <p>Angelic Full Moon Meditation with Leckranee Burtho-Barrah 7:30pm-8:30pm AED 150/-</p> <p>FREE WEBINAR 22 AUG</p> <p>Introduction to Trauma Healing - Healing from Psychological & Emotional Trauma with Cayte Mocadam 8pm-9pm FREE</p>	<p>FREE WEBINAR 23 AUG</p> <p>Family Constellations Explained - How Does It Work? with Arpita Mitra Gupta 7pm-8pm FREE</p>	<p>ONSITE MEDITATION 24 AUG</p> <p>Vipassana Meditation with Ingrid Sprake 7:30pm-8:30pm AED 80/-</p>	<p>FREE WEBINAR 25 AUG</p> <p>Become A Successful NLP Life Coach with Dr. Doris Greenwood 6:30pm-7:30pm FREE</p> <p>ONSITE MEDITATION 25 AUG</p> <p>Anger Release & Forgiveness Meditation & Gonging with Zarine 7:30pm-8:30pm AED 150/-</p>	<p>ONSITE WORKSHOP 26 AUG</p> <p>Shadow Breathwork with Toni Marie 7pm-8pm AED 150/- (Limited to 10 - RSVP)</p>	<p>ONSITE TRAINING 27 AUG</p> <p>USUI Reiki Level 1 with Ingrid Sprake August 27th 10am-6pm AED 999/-</p> <p>ONSITE TRAINING 27 AUG</p> <p>ThetaHealing Dig Deeper with Handan August 27th-28th 10am-6pm AED 2100/-</p>
<p>ONSITE WORKSHOP 28 AUG</p> <p>Family Constellations Workshop with Arpita Mitra Gupta 9am-6pm AED 599/-</p> <p>ONSITE WORKSHOP 28 AUG</p> <p>LS Support Group (for LS students only) with Maria Leonard 10am-2pm AED 200/-</p> <p>ONSITE MEDITATION 28 AUG</p> <p>Heart Chakra Sound Bath Meditation with Prem Amit 7:30pm-8:30pm AED 120/-</p>	<p>ONLINE SUPPORT GROUP 29 AUG</p> <p>Online Hypnotherapy Support Group (exclusive for Hypnotherapy students only) with Arpita Mitra Gupta 7pm-8pm FREE</p>	<p>FREE ONLINE MEDITATION 30 AUG</p> <p>Shamanic Ancestral Healing Journey Meditation with Marc Mallat 7pm-8pm FREE</p> <p>FREE WEBINAR 30 AUG</p> <p>Introduction to ThetaHealing® with Experiential Meditation with Leckranee Burtho-Barrah 8pm-9pm FREE</p>	<p>FREE WEBINAR 31 AUG</p> <p>Create Harmonious Relationship with your Partner/Family through Systemic Constellations with Irina Khanna 8pm-9pm FREE</p>			

WE TRUST YOU ARE STAYING SAFE & TAKING ALL PRECAUTIONARY MEASURES DURING THESE CHALLENGING TIMES.

In our efforts to support the community we are keeping many meditations & Seminars FREE!!

*Online Payment is available through our Website or Pay Tabs link. *For Paid events, Online Link will be sent via email or WhatsApp 15 minutes before class. (*T & C Apply)

We would request your support on this. #staysafe



Also offer our space to healers & trainers who require venue for their therapies & group events! Get 50%* off on our space rental in this Time of COVID!